



**NatureSeal For Processors  
Extended Shelf-Life of Fresh-Cut Vegetables**

<b>Vegetables</b>	<b>Typical Shelf-life After NatureSeal Treatment (Days at 36-41° F)</b>
Artichokes	10
Asparagus (whole or cut)	14
Beets	6
Belgian Endive (chicory)	10-14
Butternut Squash	14
Cabbage (red)	14
Celery	8-12
Cactus (nepal)	10-14
Carrots	14-21
Corn on the cob (cut ends)	14
Corn kernels (off the cob)	10-12
Cucumber	8-10
Eggplant	5-8
Green Beans (trimmed)	10
Green Peanuts	7
Iceberg Lettuce	12-14
Jicama	13
Mushrooms (whole)	7-9
Onions	18-21
Parsnips	12-14
Peppers (green, orange, red, yellow)	14
Pistachios	30
Potatoes (French fry cut, diced, sliced)	14
Potatoes (whole, peeled)	14
Radish	15
Romaine Lettuce	12-14
Sweet Potatoes (whole, peeled)	14
Sweet Potatoes (French fry cut, diced, sliced)	14-21
Turnips	14
Zucchini	14